

Power Words
Prayer– Mar. 11, 2018
FP Small Group Study Guide

Matthew 26:36-46 New International Version (NIV)

Gethsemane

³⁶ Then Jesus went with his disciples to a place called Gethsemane, and he said to them, “Sit here while I go over there and pray.” ³⁷ He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. ³⁸ Then he said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me.”

³⁹ Going a little farther, he fell with his face to the ground and prayed, “My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.”

⁴⁰ Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter. ⁴¹ “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

⁴² He went away a second time and prayed, “My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done.”

⁴³ When he came back, he again found them sleeping, because their eyes were heavy. ⁴⁴ So he left them and went away once more and prayed the third time, saying the same thing.

⁴⁵ Then he returned to the disciples and said to them, “Are you still sleeping and resting? Look, the hour has come, and the Son of Man is delivered into the hands of sinners. ⁴⁶ Rise! Let us go! Here comes my betrayer!”

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1. To whom or where do you go for direction when trials come your way?
 2. Read Matthew 26: 36-46.
 3. How is Jesus preparing to withstand the trials coming his way?
 4. What could the disciples have done to help Jesus and help themselves prepare for the trials coming their way? Verse 41.
 5. Were the disciples indifferent to Jesus’s heartache? What do you think was causing the disciples to fall asleep over and over?
 6. Do you fall into a spiritual sleep when you are going through trials?
 7. How do you prepare for life’s curves? Is God part of the equation? If yes, what do you do? If not, what is the reason?

8. Are you taking for granted Jesus's example on how to handle life stresses and trials?
9. Why is it important to have people praying with you through life stresses and trials?
10. This week dedicate a specific amount of time to pray each day. At the end of the week reflect on how that prayer time affected you.